



Youth Centre

Empowering youth for future success

February 2012

MON	TUE	WED	THU	FRI
		1 N.Y.L.A 11:30-1:30 Voices thru Art 3:30-5:30 Malvern Youth Cabinet (Focus on Malvern) 3:30-5:30 What's Cooking? 4:30-7:00	2 N.Y.L.A 5:30-7:30 Youth Xpress 4:00-5:30 Malvern Youth Cabinet (Smokers Times) 3:30-5:30 Power of Voice 4:00-6:00	3 N.Y.L.A 11:30-1:30 Girls United! 3:00-6:00 N.Y.L.A Cabinet 3:30-4:30
6 N.Y.L.A 11:30-1:30 Smart Aces 3:00-4:00 Malvern Youth Cabinet (Smokers Times) 3:30-5:30 Voices thru Art	7 N.Y.L.A 2:00-4:00 Criminal Mindz 4:00-6:00 Youth Drop-In 5:00-8:00 Beyond the Box 5:30-7:30	8 N.Y.L.A 11:30-1:30 Voices thru Art 3:30-5:30 Malvern Youth Cabinet (Focus on Malvern) 3:30-5:30 What's Cooking?	9 N.Y.L.A 5:30-7:30 Youth Xpress 4:00-5:30 Malvern Youth Cabinet (Smokers Times) 3:30-5:30 Power of Voice 4:00-6:00	10 N.Y.L.A 11:30-1:30 Girls United! 3:00-6:00 N.Y.L.A Cabinet 3:30-4:30
13 N.Y.L.A 11:30-1:30 Smart Aces 3:00-4:00 Malvern Youth Cabinet (Smokers Times) 3:30-5:30 Voices thru Art 3:30-5:30	14 N.Y.L.A 2:00-4:00 Criminal Mindz 4:00-6:00 Youth Drop-In 5:00-8:00 Beyond the Box 5:30-7:30	15 N.Y.L.A 11:30-1:30 Voices thru Art 3:30-5:30 Malvern Youth Cabinet (Focus on Malvern) 3:30-5:30 What's Cooking? *	16 N.Y.L.A 5:30-7:30 9 for the Mind 4:00-6:00 Malvern Youth Cabinet (Smokers Times) 3:30-5:30 Power of Voice 4:00-6:00	17 PA Day Trip Bowling 12:00-5:00 Youth Drop In 12:00-6:00
20 Family Day Centre Closed	21 N.Y.L.A 2:00-4:00 Criminal Mindz 4:00-6:00 Youth Drop-In 5:00-8:00 Beyond the Box 5:30-7:30	22 N.Y.L.A 11:30-1:30 Voices thru Art 3:30-5:30 Malvern Youth Cabinet (Focus on Malvern) 3:30-5:30 What's Cooking? *	23 N.Y.L.A 5:30-7:30 9 for the Mind 4:00-6:00 Malvern Youth Cabinet (Smokers Times) 3:30-5:30 Power of Voice 4:00-6:00	24 N.Y.L.A 11:30-1:30 Girls United! 3:00-6:00 N.Y.L.A Cabinet 3:30-4:30
27 N.Y.L.A 11:30-1:30 Smart Aces 3:00-4:00 Malvern Youth Cabinet (Smokers Times) 3:30-5:30 Voices thru Art 3:30-5:30	28 N.Y.L.A 2:00-4:00 Criminal Mindz 4:00-6:00 Youth Drop-In 5:00-8:00 Beyond the Box 5:30-7:30	29 N.Y.L.A 11:30-1:30 Voices thru Art 3:30-5:30 Malvern Youth Cabinet (Focus on Malvern) 3:30-5:30 What's Cooking? *	<p align="center"><u>Celebrating Black History Month</u></p> <p align="center">Black History Month is dedicated to celebrating and remembering the history, accomplishments, and triumphs of Afro Canadian/Caribbean/ American culture.</p> <p align="center"><u>This month features:</u> Afro-Caribbean Cuisine Movies</p>	

Our Programs

- Beyond the Box
- Criminal Mindz
- Girls United!
- Malvern Youth Cabinet
- 9 For the Mind
- N.Y.L.A
- Power of Voice
- Smart Aces
- Voices thru Art
- What's Cooking?
- Who's Got Game?
- Youth Drop-in
- Youth Xpress
- Recreation Programs (see reverse)

Our Services

- Volunteer
- Young Mama's
- Youth Support Counseling

Centre Location

Malvern Family Resource Centre
1321 Neilson Road
Scarborough, On.
M1B 3C2
416-281-1376 ext.0
www.mfrc.org



United Way
Toronto

Strengthening Families is Our Business!

Our Youth In Action!



The Youth Centre provides a safe place where young people are mentored to become contributing members to the community through our leadership and development programs.

Our Programs

Programs

Beyond the Box: This 12 week program helps you to build your awareness and promote anti-racism education and the elimination of cultural stereotypes in our community (lunch time programs held on Wednesdays at Lester B. Pearson and Thursdays at St. Barnabas Catholic School)

Criminal Mindz: Are you interested in learning about the Criminal Justice System? How to deal with the law? What happens in jail? Come in and learn more about our justice system.

Drop-In: Come join us for a variety of activities such as workshops, games, sports, movies, leadership and team building activities.

Girls United: Come and enjoy an afternoon celebrating being a girl! This program is for young women who want to have fun while cooking, doing leadership and team building activities, expressing yourself thru conversation and arts. As a young woman you will be inspired and confident!

Malvern Youth Cabinet: Are you interested in making a difference in your community and creating a positive image for Malvern? Come and help make a difference in your community today! Stand up and be a leader!

Focus on Malvern- This program will allow youth to engage in conversation to better understand cultural diversity and dissect stereotypes and myths around racial discrimination. They will then work collaboratively to create a documentary about what they have learned and screen this to other community members.

Smokers Times- Youth will learn about the social and health consequences of smoking and create a magazine and documentary surrounding anti-smoking strategies that will be presented to elementary and secondary schools students

N.Y.L.A (Newcomer Youth Leadership Academy): Are you new to Canada? Do you need help getting into school or finding a job? If you are between 16-24 then this program is for you. We provide Newcomers with the services and resources they need to better integrate into the community.

NYLA Cabinet: Are you a newcomer? Want to be a mentor to other newcomers? Come and join us every Friday!

Power of Voice: Speaking in front of an audience can be a daunting task, especially for youth! This 8 week program will expose youth to the tools and skills needed to be poised and confident in their communication skills.

Smart Aces: Do you need help with your homework? Have volunteers work with you one on one or in small groups to provide homework support in one or more academic subjects.

Voices thru Art: Do you love to perform? Then this 12 week Drug Prevention program will train you to use drama-theatre as a vehicle to share learning and educate others about drug use.

What's Cooking?: If you would like to add fun, health, education and conversation to cooking, then this program is for you! You will learn how to plan, budget and prepare meals while learning about cultural etiquette. (Focus on Caribbean Cuisine)

Who's Got Game?: Are you ready for a challenge? Come and join us for an afternoon of friendly and competitive games (indoors and outdoors).

Youth X Press: Do you like to create murals? Then this program will teach you how to create images and social messages on murals. Facilitated by Arts for Children and Youth.

Recreational Programs:

I Got Next: Multisport Program (Basketball, Soccer, Volleyball, etc.)

Location: Blessed Mother Teresa C.S.S.

Wednesday 6:00 to 8:00 pm (Girls Only)

Location: Lester B. Pearson CI

Fridays 6:00pm to 9:00pm

Malvern Basketball League (ages 14-18)

Location: Blessed Mother Teresa CSS

Mondays 6:00 to 9:00pm

Cricket :

Location: Malvern Recreation Centre

Tuesdays 6:00pm to 8:00pm

Services

Youth Support Counseling

Free confidential counseling for youth and their families in the Rouge River Riding, please contact 416-281-1376 ext.0 to book an appointment.

Young Mama's Provides information referrals and counseling for young mothers between the ages 15-24, please contact Denise at 416 281-1376 ext. 0

Volunteer Opportunities

For information on available positions, and to attend a volunteer orientation, please contact Celine, the Volunteer Coordinator by e-mail or telephone.

Volunteer@mfr.org or 416 281-1376 ext.63

Please call 416-281-1376 ext.0 to register for programs